

## Supplement Facts

Serving size 400 mg/pea sized ball (daily)  
Servings per container: approx. 75

Amount per serving		% Daily Value
Shilajit Resin	0.4g	*

\*Daily Value not established.

Ingredients: 100% Pure Shilajit Resin

Imported by (Domestic Representative):  
Stelcore Management Services LLC  
Suite 4000, 17 State Street,  
New York, NY 10004 USA

Manufactured by:  
**Amaara Ayurveda**  
Plot No. 64, Sector-6, IMT Manesar,  
Gurgaon, Haryana-122052  
Mfg lic no. 1387-ISM-HR



# BetterAlt

## Himalayan Shilajit



75% Fulvic Acid\*



Lab Tested for purity

### Pure Shilajit Resin

Net Wt. 1.06 oz (30g)

Dietary Supplement



Take pea sized quantity (400 mg) with the given spoon



Blend it with 100ml warm water/milk



Gluten Free



No artificial colors



Shilajit is a natural substance found in the peaks of the Himalayas. We extract, purify and filter according to the classical ayurvedic texts to get the purest and most potent Shilajit form - Resin. Our Shilajit Resin delivers assured 75% Fulvic Acid, a vital active known to improve energy levels, build stamina & enhance vigor.\*

Made with love in India

Suggested Use: Take pea sized quantity (400 mg) with the spoon given by us. Blend it with 100ml warm water/milk.

**Storage Instructions:** Store under cool & dry place away from direct sunlight. Avoid refrigeration. Do not buy if the seal is tampered. Keep the lid always closed.

**Disclaimer:** Consult your medical practitioner before using the product if you are pregnant, nursing or have a medical condition. Side effects from this supplement are very rare but discontinue use if any. Keep away from reach of children. Do not exceed daily recommended limit. Recommended for 18 years and above.

**\* These statements have not been evaluated by the Food and Drug Administration. It is not intended to diagnose, treat, cure, or prevent any disease**

**For any feedbacks or queries:**

Write to us at: [support@thebetteralt.com](mailto:support@thebetteralt.com) or call our domestic representative on: +1 302 261-5337

[@thebetteralt.com](https://www.thebetteralt.com) [f:btralt](https://www.facebook.com/btralt) [@betteraltusa](https://www.instagram.com/betteraltusa) [d:betteralt](https://www.tiktok.com/@betteralt)

**Net Wt: 1.06 oz (30g)**

**For batch No., MFG date, expiry date please see at the bottom.**

**Best Before 2 years from the date of manufacturing.**