

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

**SHOP NOW @ GNC.COM**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**FPO**

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PREVENTIVE NUTRITION®

# TRI-SLEEP™

**Triple-Layer Sleep Technology**

Relaxation\*

Going to sleep\*

Calm sleep\*

*Non-habit forming*

DIETARY SUPPLEMENT

**60 CAPLETS**

**30-DAY SUPPLY**



CODE 504314

LUG

**DIRECTIONS:** As a dietary supplement, take two caplets 30-60 minutes before bed.

## Supplement Facts

Serving Size Two Caplets/Servings Per Container 30

Amount Per Serving % Daily Value

Calories ..... 5

Total Carbohydrate ..... 1 g ..... <1%†

Calcium ..... 70 mg ..... 5%

(as Dicalcium Phosphate)

Phosphorus ..... 50 mg ..... 4%

(as Dicalcium Phosphate)

Light Green Layer: Relaxation ... 228 mg ..... \*

(Immediate Release)

L-Theanine ..... 200 mg ..... \*

(as Suntheanine®)

Amount Per Serving % Daily Value

affron® Saffron Extract ..... 28 mg ..... \*

(Crocus sativus)(stigmas)

Dark Green Layer: Going to Sleep 403 mg ..... \*

(Immediate Release)

Valerian Root Extract ..... 400 mg ..... \*

(Valeriana officinalis)

Melatonin ..... 3 mg ..... \*

Yellow Layer: Calm Sleep ..... 102 mg ..... \*

(Sustained Release)

gamma-Aminobutyric Acid ..... 100 mg ..... \*

(GABA)

Melatonin ..... 2 mg ..... \*

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Crospovidone, Ethyl Vanillin, FD&C Yellow #5, FD&C Blue #1, Triacetin, Dextrin, Artificial Vanilla Flavor, Natural Mixed Berry Flavor.

**Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA**

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery.

**Gluten Free.**