

## Chapter One: G is for Gummies™

The first chapter in a lifelong commitment to good nutrition.

**Directions:** Take two gummies daily or as directed by a healthcare practitioner. Gummy should be chewed before swallowing.



KOSHER  
PAREVE



UNDER THE STRICT  
SUPERVISION  
OF RABBI SH.  
STERN AND  
THE ORTHODOX  
UNION

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner. Store in a cool, dry place, away from direct sunlight.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



## Chapter One™

by Zahler\*

# is for magnesium

With Magnesium for Muscles,  
Nerves and Calming Support\*

### Flavored Gummies



RASPBERRY



MANGO

## 60 Gummies

Dietary Supplement

### Supplement Facts

Serving Size: 2 Gummies

Servings Per Container: 30

Amount Per Serving		%DV*
Calories	20	
Total Carbohydrate	4 g	2%
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%
Magnesium (as Magnesium Citrate)	100 mg	24%
Sodium	20 mg	<1%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

**Other Ingredients:** Glucose Syrup, Sugar, Water, Pectin, Natural Flavor, Natural Color, Citric Acid, Sodium Citrate, Carnauba Wax.

Distributed by: Advanced Nutrition by Zahler\*  
New Milford, NJ 07646

Chapter One™ is a trademark of  
Advanced Nutrition by Zahler\*.  
[www.ChapterOneVitamins.com](http://www.ChapterOneVitamins.com)



@Zahlernutrition