

EVERY SCOOP DELIVERS:

PRO QUALITY

A proven sports supplement with decades of research, creatine is highly trusted and effective. Our Creatine Monohydrate mixes easily and undergoes rigorous third-party testing for purity and potency.

PRO RESULTS

Creatine Monohydrate helps muscles work harder during exercise, resulting in elevated improvements to performance and strength.** Creatine can be taken before, during or after workouts – also on off days. Consistency is key.



*Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.



DESIGNED FOR PURITY AND POTENCY. NO ARTIFICIAL FLAVORS OR COLORS.

When used in conjunction with resistance training over time. For More Information: 1-800-462-2548, GNC.com

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC PRO PERFORMANCE[®] TRUSTED SINCE 1988

PRO CREATINE MONOHYDRATE

PRO QUALITY. PRO RESULTS.
Improves Muscle Building, Strength and Athletic Performance**

5G PER SCOOP

UNFLAVORED

Mixes Easily!

50 DIETARY SUPPLEMENT SERVINGS | **NET WT. 9 OZ. (255 G)**

PERFORMANCE

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CODE 662101 L25-2776

DIRECTIONS: As a dietary supplement, mix one scoop daily with 8-10 fl. oz. of cold water or your favorite sports drink. Consume ample amounts of water while taking this product. Get ready to Perform Like a Pro.

Supplement Facts

Serving Size One Scoop (5.1 g)
Servings Per Container 50

Amount Per Serving	
Creatine Monohydrate	5 g*

*Daily Value not established.

OTHER INGREDIENTS: Silicon Dioxide.

Distributed by:

GNC Holdings, LLC

Pittsburgh, PA 15222 USA

Product of Canada.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTE: This product is sold by weight, not volume. Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, Gluten Free. **KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**

FILL LINE

