

**TRANSFORM DYNAMICALLY**

bodydynamix\_gnc.com

**KEEP OUT OF REACH OF CHILDREN.**  
 Store in a cool, dry place.  
 For More Information:  
 1-888-462-2548

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**BODYDYNAMIX™**

**SLIM PM™**

**METABOLISM SUPPORT\***

**STIMULANT FREE**

Metabolism support and sleep aid\*  
 with melatonin and clinically studied  
 AlperFIT™ and Suntheanine®

**NEW**

60 CAPSULES  
 30-DAY SUPPLY  
 DIETARY SUPPLEMENT

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**FPO**

CODE 594321 FWG

**DIRECTIONS:** As a dietary supplement, take one serving 30-60 minutes prior to bedtime.

**Supplement Facts**

Serving Size Two Capsules  
 Servings Per Container 30

Amount Per Serving	
Grains of Paradise (Aframomum melegueta) Seed Extract	500 mg*
L-Carnitine (as L-Carnitine L-Tartrate)	200 mg*
Apple Cider Vinegar Powder	100 mg*
L-Theanine	200 mg*
Lemon Balm (Melissa officinalis) Leaf Extract	100 mg*
Melatonin	3 mg*

\* Daily Value not established.

**OTHER INGREDIENTS:** Melatonin, Hydroxypropyl Methylcellulose (Capsule Shell), Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide.

**Distributed by:**  
 GNC Holdings, LLC  
 Pittsburgh, PA 15222 USA

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. Discontinue use two weeks prior to surgery.

Vegetarian.  
 No Artificial Colors, No Artificial Flavors,  
 Gluten Free, No Milk.

**Gf**  
 GLUTEN FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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