

Ingredients: Multi-filtered water, beet sugar, magnesium gluconate, choline L-bitartrate, vitamin C, acidity regulators (citric acid, malic acid), vitamin E, zinc gluconate, caffeine, lutein, magnesium bisglycinate, zeaxanthin, natural flavourings, l-lysine, vitamin B5, sweetener (steviol glycosides), sodium hyaluronate, inositol, l-glycine, l-proline, l-arginine, l-leucine, 72 trace minerals (sea, vegan), vitamin B3, vitamin B2, vitamin B1, manganese gluconate, silica, preservatives (potassium sorbate, sodium benzoate), emulsifier (xanthan gum), vitamin D (vegan, from lichen), omega 3, vitamin B6, vitamin A, ginseng (panax ca meyer), coenzyme Q10, biotin, vitamin K2, vegan bifidobacterium lactis, vegan lactobacillus acidophilus, vegan lactobacillus plantarum, vegan lactobacillus salivarius, copper bisglycinate, chromium picolinate, folic acid, vitamin B12, iodine, beta carotene, sodium selenite, molybdenum. 100% natural flavour & colour. Contains sweeteners.

Storage: Store in a dry, cool place, protected from sunlight. After opening, refrigerate and consume within 2 months. Keep out of reach of children.

Warnings: If you have any medical conditions or if you are pregnant or nursing, consult with your healthcare provider prior to use. Discontinue use if any adverse reactions occur. Health supplements should not replace a varied diet. **Contains Caffeine (50 mg per dose).** Not recommended for children, pregnant or breastfeeding women. Should not be consumed by children under 18 years of age. Do not exceed the recommended dose.

¹ Biotin (B7) contribute to the maintenance of normal hair.

² Vitamin C, Riboflavin (B2), Niacin (B3), Pantothenic acid (B5), Vitamin B6, Folate (B9), Vitamin B12, and Magnesium contribute to the reduction of tiredness and fatigue.

³ Vitamins A, C, D, B6, B12, and Zinc contribute to the normal function of the immune system.

⁴ Riboflavin (B2) contributes to the maintenance of normal vision.



THIS PRODUCT IS NATURALLY FREE FROM
GLUTEN, SOY, EGGS, MILK, AND NUTS

Best before date and batch number: See marked on the cap.



MADE IN SWEDEN

Produced by Swedish Nutra
Malmö, Sweden
www.swedishnutra.com



500 ML



A-Z VITAMINS

**A, B-Complex,
C, D, E & K2**



**ADVANCED
LIQUID FORMULA**

**120+ active
nutrients made for
women's lifestyle**



MULTIMINERALS

**Calcium, Magnesium,
Zinc, Copper & more**



PREMIUM FORMULA

WOMAN MULTIVITAMIN +HAIR SUPPORT¹

✓ BEAUTY¹ ✓ ENERGY² ✓ IMMUNITY³

**FOOD SUPPLEMENT
ORANGE FLAVOUR**

ACTIVE INGREDIENT	15 ML	%NRV*
Vitamin A (Retinyl Acetate–Beta Carotene)	800 µg	100%
Vitamin D3 (Vegan Cholecalciferol)	25 µg	500%
Vitamin E (DL-Alpha Tocopheryl Acetate)	39 mg	325%
Vitamin K2 (Menaquinone)	50 µg	67%
Vitamin C (L-ascorbic Acid)	160 mg	200%
Vitamin B1 (Thiamine HCL)	15 mg	1364%
Vitamin B2 (Riboflavin)	19 mg	1357%
Vitamin B3 (Nicotinamide)	20 mg	125%
Vitamin B5 (D-Calcium Pantothenate)	25 mg	417%
Vitamin B6 (Pyridoxine HCL)	8 mg	571%
Vitamin B7 (D-Biotin)	5 000 µg	10 000%
Vitamin B9 (Folic Acid)	400 µg	200%
Vitamin B12 (Methylcobalamin)	265 µg	10 600%
Molybdenum	50 µg	100%
Magnesium (as Gluconate & Bisglycinate)	57 mg	15%
Zinc (as Gluconate)	10 mg	100%
Selenium (Sodium Selenite)	55 µg	100%
Copper (as Bisglycinate)	500 µg	50%
Manganese (as Gluconate)	2 mg	100%
Chromium (Picolinate)	170 µg	425%
Iodine (Potassium Iodide)	150 µg	100%
72 Trace Minerals (Sea / Vegan)	25 mg	–
Choline (L-Bitartrate)	90 mg	–
Ginseng (Panax C.A. Meyer)	100 mg	–
Hair Support ¹ Formula ^{***}	187.5 mg	–
Eye Support ⁴ Formula ^{***}	22.5 mg	–
Gut Formula ^{****}	1.25 Billion CFU	–

*Nutrient reference value.

The packaging contains 33 servings. One serving = 15 ml.

Directions: Consume 15 ml of the product daily. Shake well before use. For the best taste, consume the product chilled.



**TAKE DIRECTLY OR MIX
WITH A GLASS OF WATER**

¹Vitamin B7 (D-Biotin)¹, Inositol, Hyaluronic Acid (sodium hyaluronate), Silica (Bamboo Extract), CoQ10 (Ubiquinone), L-Glycine, L-Proline, L-Arginine, L-Lysine, L-Leucine, Copper (As Bisglycinate), Zinc (As Gluconate), Selenium (Sodium Selenite)¹, Lutein (Marigold), Zeaxanthin (Marigold), Omega 3 (Vegan, 97% DHA, <3% EPA), Vitamin B2 (Riboflavin)¹, Microencapsulated Bifidobacterium lactis BLa80, Microencapsulated Lactobacillus acidophilus LA85, Microencapsulated Lactobacillus plantarum Lp90, Microencapsulated Lactobacillus salivarius L597. *See the vitamin table for dosage.

MULTIVITAMINE LICHIDE FEMEI +SUPORT PENTRU PAR

SUPLIMENT ALIMENTAR

Forma de Prezentare: Sticla cu 500ml Gel Concentrat (ajunge pentru 33 de zile de administrare)
Continut pentru 15 ml (Adica Portia Zilnica):

VITAMINE CONCENTRATIE SI DOZA ZILNICA

- Vitamina A – 800 mcg – 100%
- Vitamina C – 160 mg – 200%
- Vitamina D3 – 25 mcg – 500%
- Vitamina E – 39 mg – 325%
- Vitamina B1 – 15 mg – 1364%
- Vitamina B2 – 19 mg – 1357%
- Vitamina B3 – 20 mg – 125%
- Vitamina B6 – 8 mg – 571%
- Acid Folic – 400 mcg – 200%
- Vitamina B12 – 265 mcg – 10600%
- Biotina – 5000 mcg – 10000%
- Vitamina B5 – 25 mcg – 417%
- Vitamina K2 – 50 mcg – 67%

MINERALE CONCENTRATIE SI DOZA ZILNICA

- Magneziu – 57 mg – 15%
(gluconat si bisglicinat)
- Zinc (gluconat) – 10 mg – 100%
- Seleniu – 55 mcg – 100%
- Cupru – 500 mcg – 50%
- Mangan – 2 mg – 100%
- Crom Picolinat – 170 mcg – 425%
- Potasiu – 107 mg – 5%
- Iod – 150 mcg – 100%
- Colina – 90 mg - **
- 72 Urme de Minerale – 25 mg - **
(origine marina, vegane)
- Molibden - 50 mcg - 100%
- Ginseng (Panax ginseng) - 100 mg **

FORMULA PENTRU SUSTINEREA PARULUI 187,5 MG:
Biotina (D-biotina), inozitol, acid hialuronic (hialuronat de sodiu), siliciu (extract de bambus), coenzima Q10 (ubichinona), L-glicina, L-prolina, L-arginina, L-lizina, L-leucina, cupru (bisglicinat), zinc (gluconat), seleniu (selenit de sodiu).

FORMULA PENTRU SANATATEA INTESTINALA 1,25 MILIARDE CFU:

Bifidobacterium lactis microincapsulat, Lactobacillus acidophilus microincapsulat, Lactobacillus plantarum microincapsulat, Lactobacillus salivarius microincapsulat.

Alte ingrediente: apa multifiltrata, zahar din sfecla, regulatori de aciditate (acid citric, acid malic), arome naturale, indulcitor (glicozide de steviol), conservanti (sorbit de potasiu, benzoat de sodiu), emulsifiant (guma xantan).

Mod de Administrare:

Se consuma 15 ml pe zi dimineata. Puteti adauga cei 15ml intr-un pahar cu apa si apoi se bea, in functie de preferinte. Folositi cupa pentru dozaj inclusa in pachet cu gradatii (5, 10, 15, 20 ml).

Important: A se pastra la loc racoros, ferit de lumina directa a soarelui.

Dupa deschidere se depoziteaza in frigider. A se consuma in timp de 2 luni de la deschidere.

A se consuma de preferinta pana la sfarsitul perioadei mentionate pe ambalaj.

Atat culoarea cat si aroma delicioasa de portocale sunt 100% naturale.

Contine cafeina (50 mg per portie). A nu se lasa la indemana copiilor!

Nu se recomanda persoanelor sub 18 ani, femeilor insarcinate sau care alapteaza.

A nu se depasi doza zilnica recomandata.

Suplimentele alimentare nu inlocuiesc o dieta variata si echilibrata si un mod de viata sanatos si nu-si propun sa previna, sa diagnosticheze, sa trateze sau sa vindece nici o boala.

Avizat de Centrul Regional de Sanatate Publica Timisoara Cu Seria AB, Nr. 2216

Producator: Swedish Nutra, Box 17026, 200 10 Malmö, Suedia

Importator: S.C. Gradina Sanatatii S.R.L., Str Bicaz Nr 1-5, Cladirea Arconserv, Birou Nr 6A, Arad