Methylcobalamin 1000 µg

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking this product. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged. For Best Before End and Batch No. information see neck of bottle.

Solgar's KOF-K certification #K-1250

Carefully Manufactured in the U.S.A.

By: Solgar, Inc., Leonia, N.J.

For: The Nature's Bounty Co. Ltd, Herts, HP23 5PT

Prod 1950

SXENB80147 03C 14-106034ES



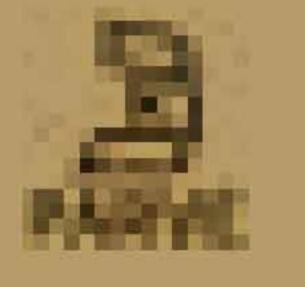
METHYLCOBALAMIN

(VITAMIN B12)

1000 µg

SUITABLE FOR VEGANS

SUGAR, SALT AND STARCH FREE



30 NUGGETS

FOOD SUPPLEMENT

Ingredients

%EC NRV*

Each nugget provides:

Bulking Agent: mannitol

Anti-caking Agents:

vegetable magnesium stearate, vegetable stearic acid, silicon dioxide

Vitamin B121000 µg 40000

(as methylcobalamin)

Flavour: natural cherry

Cross-linked Cellulose Gum

*EC NRV = EC Nutrient Reference Value

Excessive consumption may produce laxative effects.

FREE OF: Gluten, Dairy, Soya, Yeast, Preservatives, Artificial Flavours or Colours.

DIRECTIONS FOR USE: As a food supplement for adults, one (1) nugget daily, preferably at mealtime, or as directed by a healthcare practitioner; to be placed between the cheek and gum, under the tongue or chewed. Do not exceed directions for use.

Food supplements should not be used instead of a varied balanced diet and a healthy lifestyle.

Solgar® is a registered trademark.

