Natural Cherry Flavour Chewable, Vitamin B12 1000 µg

Excessive consumption may produce laxative effects.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking this product. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged. For Best Before End and Batch No. information see neck of bottle.

Carefully Manufactured in the U.S.A. By: Solgar, Inc., Leonia, N.J. For: Solgar (U.K.), Herts, HP23 5PT SXENB73229 05D

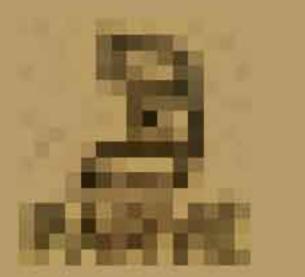


VITAMIN B12 SUBLINGUAL · CHEWABLE 1000 µg

SUITABLE FOR VEGANS



SUGAR, SALT AND STARCH FREE



100 NUGGETS

FOOD SUPPLEMENT

Ingredients

%EC NRV*

Each nugget provides: Bulking Agents: mannitol, maltodextrin, gum arabic Anti-caking Agents: vegetable stearic acid, vegetable magnesium stearate Cross Linked Cellulose Gum Flavour: Natural Cherry Vitamin B12...... 1000 µg 40000 (as cyanocobalamin) *EC NRV = EC Nutrient Reference Value

FREE OF: Gluten, Wheat, Dairy, Soya, Yeast, Preservatives, Artificial Flavours or Colours.

DIRECTIONS FOR USE: As a food supplement for adults, one (1) nugget daily, preferably at mealtime, or as directed by a healthcare practitioner. May be placed between the cheek and gum or under the tongue and allowed to dissolve. Nugget may also be chewed or swallowed whole. Do not exceed directions for use. Food supplements should not be used instead of a varied balanced diet and a healthy lifestyle. Solgar's KOF-K certification #K-1250 Solgar® is a registered trademark.

