

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Contains 100 mg of caffeine.
No Artificial Flavors, Gluten Free, No Milk.
For More Information:
1-888-462-2548
GNC.com

GNC
WOMEN'S

Multivitamin

ENERGY & METABOLISM

Specially formulated for
calorie burn & focus*
Timed-release



DIETARY SUPPLEMENT 90 CAPLETS/45-DAY SUPPLY

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 207112

DIRECTIONS: As a dietary supplement, take two caplets daily with food. Do not take near bedtime.

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Caplets/Servings Per Container 45	
Vitamin A.....	1500 mcg RAE167% (as 50% as beta-Carotene & 50% as Retinyl Acetate)
Vitamin C.....	300 mg333% (as Ascorbic Acid & Calcium Ascorbate)
Vitamin D (as Cholecalciferol).....	50 mcg250%
Vitamin E (as d-alpha Tocopheryl Acetate).....	20.1 mg134%
Vitamin K (as Phytonadione).....	80 mcg67%
Thiamin (Vitamin B-1).....	50 mg4167% (as Thiamin Mononitrate)
Riboflavin (Vitamin B-2).....	50 mg3846%
Niacin (as Niacinamide & Niacin).....	50 mg313%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	50 mg2941%
Folate.....	680 mcg DFE170% (400 mcg Folic Acid)

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Polyvinyl Alcohol, Polyethylene Glycol, Talc, Spirulina Extract (Color), Riboflavin (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.
CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA
Contains a bioengineered food ingredient.

Amount Per Serving	% Daily Value
Vitamin B-12 (as Cyanocobalamin).....	50 mcg2083%
Biotin.....	300 mcg1000%
Pantothenic Acid (as Calcium d-Pantothenate).....	50 mg1000%
Choline (as Choline Bitartrate).....	10 mg2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate and Calcium Ascorbate).....	300 mg23%
Iron (as Ferrous Fumarate).....	18 mg100%
Iodine (as Potassium Iodide).....	150 mcg100%
Magnesium (as Magnesium Oxide).....	100 mg24%
Zinc (as Zinc Oxide).....	25 mg227%
Selenium (as L-Selenomethionine).....	200 mcg364%
Copper (as Cupric Sulfate).....	2 mg222%
Manganese (as Manganese Sulfate).....	2 mg87%
Chromium (as Chromium Chloride).....	120 mcg343%
Molybdenum (as Sodium Molybdate).....	75 mcg167%
Coffee (Coffea arabica) Bean Extract.....	102 mg*

(Standardized to 98% Caffeine = 100 mg)

Amount Per Serving	% Daily Value
alpha-Lipoic Acid.....	25 mg*
Cayenne (Capsicum annuum) Fruit Extract.....	10 mg*
Inositol.....	10 mg*
Hyaluronic Acid (as Sodium Hyaluronate).....	5 mg*
Silica (as Silicon Dioxide).....	4 mg*
Black Pepper (Piper nigrum) Fruit Extract.....	2.6 mg*
(Standardized to 95% Piperine = 2.5 mg)	
Boron (as Sodium Borate).....	2 mg*
Lutein.....	2 mg*
(from Marigold [Tagetes erecta] Flower Extract)	
Lycopene.....	1 mg*
Zeaxanthin (as Zeaxanthin Isomers.....	400 mcg*
from Marigold [Tagetes erecta] Flower Extract)	
Astaxanthin (from Haematococcus pluvialis).....	50 mcg*
Vanadium (as Sodium Metavanadate).....	10 mcg*

* Daily Value not established.
WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to use if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.
Cayenne Fruit Extract as Capsimax®. Capsimax® is a trademark of OmniActive Health Technologies.

AZG-333

Lot No./Best By: